

**COE-BROWN NORTHWOOD ACADEMY  
ATHLETIC DEPARTMENT  
ATHLETIC CONTRACT**

**MATTHEW SKIDDS, ATHLETIC DIRECTOR  
(603) 942-5531**

**I. Academic & Athletic Eligibility:**

1. All athletes must have a current physical exam performed on or after June 1 of the current academic calendar prior to their respective sport season.
2. All athletes must meet the minimum academic standards per order of the New Hampshire Interscholastic Athletic Association.

**A. NHIAA BY-LAWS FOR ALL STUDENTS**

- To be eligible, a student athlete must have received passing grades in a minimum of four (4) units of work. A unit of work reflects a course that meets the equivalent of five (5) times per week.
  - Incompletes: Are not to be considered passing grades for purposes of eligibility.
3. Students must be in school by 10:00 a.m. to be eligible for the day's practice or game unless they have received prior permission of the Headmaster or Athletic Director.

**II. Substance Use:**

Students who make a commitment to sports do so with the knowledge that the commitment brings extra responsibilities, obligations, and effort beyond that expected of all Coe-Brown Northwood Academy students. Medical research substantiates the fact that the use of tobacco, alcohol, steroids, illegal drugs and mood-altering substances produces harmful effects on the body. Further, the use of such substances alters the individual's ability to make reasonable choices and to live up to the commitments that have been made.

1. Any student athlete in possession of, participating in the act of, or being under the influence of, tobacco, alcohol, steroids, illegal drugs and mood-altering substances off school grounds in season, will result in the suspension from a minimum of 15% of NHIAA sanctioned events.
  - A. Additional suspensions, penalties, or consequences may be initiated with input from the coach, athletic director, and headmaster.
  - B. Any future offense will result in expulsion from athletic participation for the remainder of the school year.
  - C. Any disciplinary actions do not preclude and will be applied in conjunction with any other disciplinary decisions made by the administration or education committee.
2. While on suspension, the student athlete will not be permitted to practice until they have completed a minimum of 4 hours of community service assigned by the athletic director.

### III. Expectation of Participation:

1. Participation in school-based athletics is a privilege. Student-Athletes are expected to conduct themselves in a positive manner both on and off campus while participating in athletics at Coe-Brown.
2. All student athletes must attend all practices, scrimmages, & games unless obtaining prior approval from the athletic director and coach.
  - A. Any athlete missing one or more practice(s), scrimmage(s), or game(s) will be subject to the consequence of a loss of playing time to be determined by the coach and athletic director.
  - B. In the event and the decision may deal with more than a one practice or a one game suspension, it becomes necessary to submit, in writing by coach and parent, the entire situation with the recommendation of the coach. This will be submitted to the Athletic Director with a copy to the Headmaster. The Athletic Director will arrange a meeting with the coach, Athletic Director, and Headmaster to review the case. The final decision will rest with the Headmaster.
  - C. Medical excuses will be granted for injury, illness, and other medical situations with prior parental notification to the coach and athletic director.
  - D. Any student athlete and/or parent who is not satisfied with the result may appeal, in writing, to the Board of Trustees as per the complaint and grievance procedure of the Academy.
3. Non-school competition and participation for programs and or sport clubs outside of school may not conflict with Coe-Brown athletics, per order of the **NHIAA By Law Article II, Rule F, Section 8:**

*“A member of a school team is an athlete who is regularly present for, and actively participates in, all team practices and competitions. Bona fide members of a school team are prevented from missing a high school practice or competition to compete or practice with an “out-of-school team”. Whenever a conflict arises between the high school team practice / competition and an out-of-school practice / competition on the same day, the high school competition / practice must be honored by the student athlete. Priority must be given at all times to the high school team, its practices, and its contests unless a waiver has been granted by the principal and athletic director on a case by case basis. Any athlete who violates this rule, unless a waiver has been granted, for the first time will be declared ineligible for the next 4 consecutive interscholastic events or 3 weeks of a season in which the student athlete is a participant, whichever is greater. A second violation will result in athletic ineligibility for the balance of the school year.”*
4. All student athletes will dress appropriately for all game days.
  - A. Field trip attire (as outlined in the CBNA Student Agenda Handbook) is required of all student athletes on the day of competition.
  - B. All athletes will wear complete game uniforms during the game.
  - C. Each player is responsible for his/her uniform and is to be dressed appropriately for all NHIAA competitions.
  - D. Absolutely no headbands, sleeves, wristbands, or jewelry of any kind will be allowed to be worn during practices or games.

- E. Student athletes are responsible for returning all uniforms and equipment in the same condition as issued at the conclusion of their participation / season
5. Coe- Brown Northwood Academy will provide bus transportation to and from Coe – Brown.
- A. Student athletes must have transportation from Coe – Brown Academy to their home at the end of practices, games, and bus trips. It is expected that the student athlete will be picked up in a timely manner.
  - B. No athletic team or individual player will be transported in private cars unless prior approval has been granted by the Headmaster or Athletic Director.
  - C. You may be excused to ride home from an away game, only if your parent informs the coach in person, or in writing, that you are riding home with a parent.
  - D. Student athletes are allowed to ride home with another parent / adult only if there is a written note or letter, with legal parental permission for their son / daughter to ride with said adult.
    - Notes on file with the coach must clearly name the adult whom their child has permission to ride with.
    - No student athlete is to ride home with anybody other than an adult.
  - E. Proper conduct is expected on all bus trips. Personal music devices are allowed.

#### **IV. Student Athlete Injury:**

1. It is the philosophy and opinion of the CBNA Athletic Department that student athlete health, safety, and well-being, is more important than winning.
2. Any student athlete unable to compete or participate for more than 2 days will need to be evaluated and cleared by a doctor before they are allowed to participate in practices, scrimmages, or games.
3. Any student athlete seen or evaluated by a doctor will require medical clearance prior to resuming participation.
  - A. A clear timetable or date for return must be in writing.
  - B. Any limitations or modifications must be listed.
4. CBNA and the athletic department will follow a procedure for the evaluation and assessment of student athlete injuries.
  - A. Evaluation / decision from a doctor take precedence over student athlete, parent, coach, or trainer opinion.
  - B. Evaluation / decision from a certified athletic trainer take precedence over student athlete, parent, or coach opinion.
  - C. Evaluation / decision from a coach take precedence over student athlete or parent opinion.

## V. Communication:

1. Student athletes are to address any concerns directly with their coach as the first step in communication.
  - A. Student-athlete and coach must develop a mutual respect and understanding that allows them to discuss issues openly and honestly while striving to gain a better understanding of each others roles, responsibilities and perspectives.
2. Situations that require a meeting between the coach and the parent is encouraged.
  - A. It is important that both parties have a clear understanding of each other's position. When these conferences are necessary, the following procedure should be followed to help promote a resolution to the issue.
    - Call or email to set up an appointment with the coach at 942-5531 or through the academy.
    - If you are unable to reach the coach call the Athletic Director to have an appointment arranged for you.
    - Approaching a coach in person before or after a game or practice is not an appropriate step in resolution of the matter and is hereby discouraged.
    - The meeting discussion will focus on the issue. Personal opinions are not allowed to control the meeting.
  - B. **Appropriate concerns** to discuss with coaches: The treatment of your child, mentally and physically, ways to help your child improve individually and as a team member, & concerns about your child's behavior.
  - C. Issues **NOT appropriate** for parents to discuss with coaches: Playing time, team strategy, play calling, other student-athletes, & coach's skill and knowledge of the game.
3. Student athlete(s) & or parent(s) seeking further discussion of the matter should contact the Athletic Director to set up an appointment. This contact can originally be through a phone conversation, but must be followed up by a letter.
4. If a resolution cannot be formulated at this meeting, then the parent can contact the Headmaster for a meeting. Contact can be by phone, but must be followed up with a letter.
5. If a resolution cannot be resolved in meeting with the Headmaster, the Headmaster will then set up a meeting for the parent with the Athletic Committee.

The following agreement has been designed to bring total understanding between the coach, the athlete and the family. We ask that the athlete and parent(s) / guardian who sign this agreement, fully realize the effort and dedication a commitment to the athletic demands put on the athlete, and in addition to the knowledge of the rules, and regulations of the NHIAA and academy.



**Coe-Brown Northwood Academy**

**PARENTAL NOTIFICATION OF CONTRACTUAL ACCEPTANCE AND CONSENT TO TREAT**

**Student-Athlete Name:** \_\_\_\_\_

**DOB:** \_\_\_\_\_ **Grade:** \_\_\_\_\_

**Please list any recent or chronic medical conditions:** \_\_\_\_\_

**I give permission for a school representative to give the following medication to my child if needed for pain/discomfort and/or upset stomach:**

\_\_\_\_\_ **Tylenol (Acetaminophen)**

\_\_\_\_\_ **Advil (Ibuprofen)**

\_\_\_\_\_ **Tums**

\_\_\_\_\_ **Pepto-Bismol**

**PARENTAL PERMISSION – “HOLD HARMLESS STATEMENT”**

I, the parent/guardian, authorize the School Administrator to direct members of the school staff to assist our child in taking oral medication and/or medicine by injection, and agree that we will not hold liable any member of the school staff or an individual of official capacity who is directed by me (the parent/guardian) and the School Administrator to assist our child in taking the medications according to the directions indicated above.

In case of accident or serious illness, I request the school to contact me. If the school is unable to reach me or the people whose names I have given, I hereby authorize the school to make whatever arrangements necessary, which may mean taking my child to the hospital out-patient department for treatment.

By signing the bottom portion, both parent and athlete agree to, and understand the terms and conditions of the aforementioned student- athlete contract and consent to treat.

Parent/Guardian Name (Printed): \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Student-Athlete Signature: \_\_\_\_\_ Date: \_\_\_\_\_