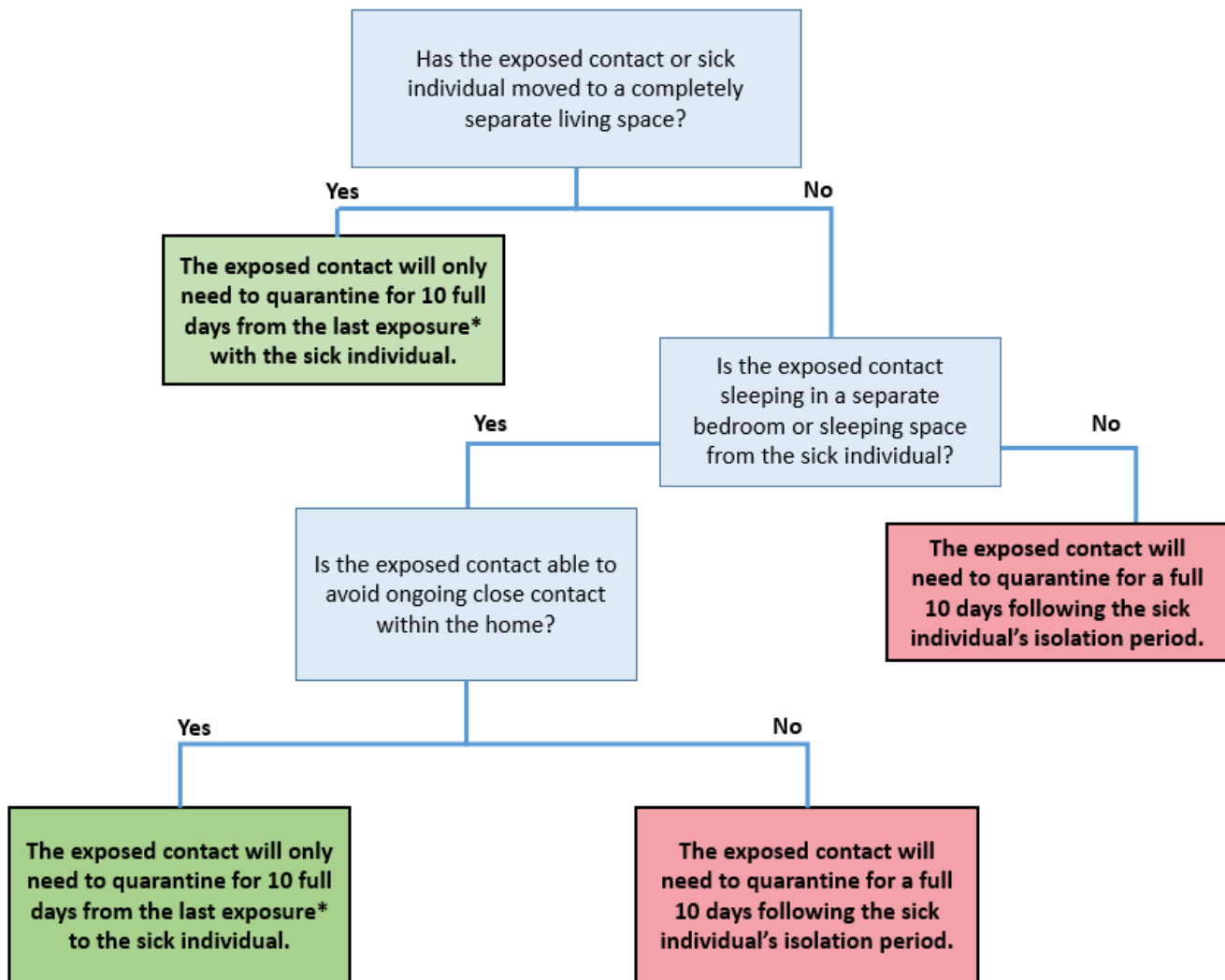


Self-Evaluation for Unvaccinated Household Contacts' Quarantine Timeline

If you are unvaccinated and therefore should quarantine as a result of an exposure (please see [What To Do If You Were Exposed to COVID-19](#)), then you may use the evaluation below to determine whether you are able to shorten your quarantine to 10 days from your last exposure to the sick individual. If at any time another individual in the household becomes ill with COVID-19, the quarantine period for the rest of the household will re-start and this protocol can be re-visited. Follow [these instructions](#) for safely caring for someone sick in the home.



*the last day of exposure will be considered day 0, quarantine will begin the next day (day 1).

Note that shared bathrooms are a significant risk factor for spread of COVID-19. If the patient is not able to use a separate bathroom from others in the household, the bathroom should be cleaned and disinfected thoroughly between each use. Instructions for cleaning and disinfecting the home can be found [here](#).