

Parent/Guardian Health Agreement

COVID-19 Symptoms - The following list of symptoms should be used in monitoring the health of your student:

- Fever or chills (100 degrees or more)
- Cough (not due to other known causes, such as chronic cough)
- Shortness of breath or difficulty breathing
- Fatigue (not due to other known causes)
- Muscle or body aches
- Headache (not due to other known causes)
- New loss of taste or smell
- Sore throat
- Congestion or runny nose (not due to other known causes)
- Nausea or vomiting
- Diarrhea

Return to School Procedures

- Students with any new or unexplained COVID-19 symptoms (even if only mild symptoms), those who report close contact (any individual within 6 feet of an infected person for 10 minutes or longer) with someone suspected or confirmed with COVID-19, or those reporting travel risk factors are not allowed to come to school. By signing this waiver, I accept responsibility for adhering to the following guidelines:
- I will take my child's temperature every morning, and I will not send him/her to school if the temperature reading is 100 degrees or more. I will not medicate with any fever reducing medication (acetaminophen, Tylenol, ibuprofen, Advil, Motrin, naproxen, Aleve) and him/her to school.
- I will assess my child every morning for COVID-19 symptoms (symptoms may appear 2-14 days after exposure to the virus) and will not send him/her to school if he/she has any symptoms noted above. (Symptoms of COVID can be mild. If a person has any one of the symptoms and it is new, he/she should stay home. If he/she has a chronic health condition and any of his/her regular symptoms have changed, he/she needs to stay home.)
- If my student is symptomatic, I will contact my child's health care provider to be tested for COVID-19 and will self-isolate at home. Students who have confirmed cases of COVID-19 and were directed to isolate at home, must stay out of CBNA until: a) at least 10 days have passed since symptom onset AND b) at least 24 hours have passed since resolution of fever without the use of fever-reducing medications AND c) other symptoms have improved. If a parent/guardian chooses not to have child tested, the same isolation criteria applies. If there is a negative test result, documentation must be submitted to the school nurse PRIOR to a student's return to school (once fever free for 24 hours without using any fever-reducing medication.)

- I will assess my child every morning and I will not send my child to school if he/she has had close contact with someone who is suspected or confirmed to have COVID-19 in the prior 14 days. I will call NH Dept of Health (271-4496) to report that I have been exposed. I will keep him/her home and self-monitor for symptoms for 14 days after their last exposure to the person with COVID-19. I will follow NH Department of Health and CDC guidance if symptoms develop.
- I will not send my child to school if he/she has traveled outside of the approved NH Department of Health areas in the past 14 days. (Currently approved are NH, VT, ME, MA, CT, RI.)
- I will call the CBNA office at 942-5531 by 8AM and email Laurie Foster, R.N. (lfoster@coebrown.org) of the reason for my child's absence related to COVID-19 and CBNA will follow NH Dept of Health guidelines. I will follow the NH Department of Health and my health care provider's recommendations for the health of my student.

Nurse Office Procedures

If a person develops symptoms of COVID-19 while at CBNA:

- He/she will be sent to the school nurse office wearing a mask.
- The school nurse (or designated nursing staff) will record the symptomatic person's temperature and perform a brief assessment of the complaints or symptoms.
- After a nursing assessment is completed, he/she needs to be immediately sent home by private transportation. Please make arrangements/have back up transportation options. It is the expectation that the student will be picked up from the campus within 30 minutes.

Final Health Agreement

I acknowledge my full acceptance and compliance with the health expectations for my student to enter school this academic year.